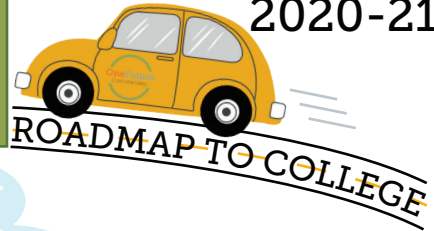


HINT: Click the
My High School tab
on NTBweek.com

HIGH SCHOOL FRESHMEN & SOPHOMORES 2020-21



FALL

Sophomores — Sign up for the Preliminary SAT/ National Merit Scholarship test. This exam will test your college-level skills. Get a good night's sleep before the exam and remember to eat breakfast!

Sophomores — You're in the most important year of high school, so make the most of it! Colleges will review what you did this year when deciding about admission

Learn about your school's career pathways and the academic classes that fulfill the A-G requirements for college admission

Freshmen — Find out if your school has a college/ career office and see who's there

It's important to develop more than your academic skills, so look over your extracurricular activities. Remember, quality (depth of involvement) is more important than quantity (number of activities)

PSAT: collegeboard.org

Freshmen — Develop an education plan with your counselor

Attend college and career information events at your school

Begin the research process. Make a list of what you'll look for in a college — size, location, majors, competitiveness, sports, etc. Look online or visit the guidance office, career center, or library

Sophomores — Review your scores from the Preliminary SAT. Determine which skills to practice prior to taking the SAT or ACT

WINTER

Sophomores — Talk to past graduates about their college experiences when they're home for the holidays

Sophomores — Review your course work from your first semester. Ask teachers what you can do to improve in your second semester

Helpful research sites:
Community Colleges: cocco.edu
Independent CA Colleges: aiccu.edu
Western Undergrad Exchange: wicde.edu/wue
UC: universityofcalifornia.edu
CSU: calstate.edu

Select courses for next year, then talk with teachers about your selections. Check with your counselor to be sure your choices are preparing you for college entry. Have at least 4-5 solid academic courses to ensure that you're meeting the A-G requirements

Check out resources at californiacolleges.edu

SPRING

Look for interesting things to do over the summer to broaden your experiences. For example, consider applying for a summer enrichment program at a college. (Financial assistance may be available)

End the year in good academic shape

Look for volunteer activities to add to your résumé

Read from a recommended English reading list or get other suggestions for academic reading

Get to know your public library. Learn how to do research in the library and on the Internet

Investigate careers by talking to your parents' friends and your friend's parents

Talk to older friends about their college experiences

Explore the COD, CSU, UC and Private campuses.

Visit some colleges and technical schools

SUMMER

**GREAT JOB!
KEEP GOING!**



FALL

HIGH SCHOOL JUNIORS 2020-21



Participate in extracurricular activities (important for college admissions)

Open an email account with a professional address if you don't already have one

Use the Internet or a college search tool available at your school to research colleges and technical/trade schools

Take the Preliminary SAT/National Merit Scholarship test. This exam will test your college-level skills and prepare you for the SAT/ACT

Attend the College and Career Roadmap Webinars! Register at NTBweek.com

Take advanced math, science, English, and foreign language classes

PSAT: collegeboard.org

Helpful research sites:
Community Colleges: ccco.edu
Independent CA Colleges: aiccu.edu
Western Undergrad Exchange: wiche.edu/wue
UC: universityofcalifornia.edu
CSU: calstate.edu

Meet with college admissions counselors who visit your school

If qualified, register to take AP exams in May

Winter Break is a good time to tour California campuses and technical schools of interest

Review your Preliminary SAT results with your counselor. Look into taking an SAT/ACT Prep class to improve your scores

Attend your school's financial aid workshop and learn as much as you can about financial aid

Begin specific college investigations. Use the Internet or your school's guidance office/career center to learn more about colleges and their offerings. Make an appointment with a counselor.

Learn more about military service academies and ROTC at todayismilitary.com

actstudent.org
collegeboard.org

SPRING

Attend the Spring College Fair at CSUSB

Visit campuses over Spring Break. Refine the list of colleges and programs that interest you

Take SAT Subject Tests if needed

Plan your senior year. Match your course selections to the entrance requirements of your college choices

Take the Early Assessment Program (EAP) exam. This measures your readiness for college-level English and math classes, so you'll know what to concentrate on in your senior year

calgrants.org
caldreamact.org
fafsa.ed.gov

Learn more csustudentsuccess.org

Put together a list of ten schools you'd like to attend. Find out about costs

If you hope to participate in college athletics, you need to be certified by the NCAA Clearinghouse. See your counselor

Apply for summer enrichment programs at community, public, and private colleges

Write your representatives in Congress to request applications to military academies

Visit campuses. Select your top six and bookmark their online applications

Look for interesting things to do over the summer. Volunteer or get a part-time job to broaden your experiences

ncaa.org

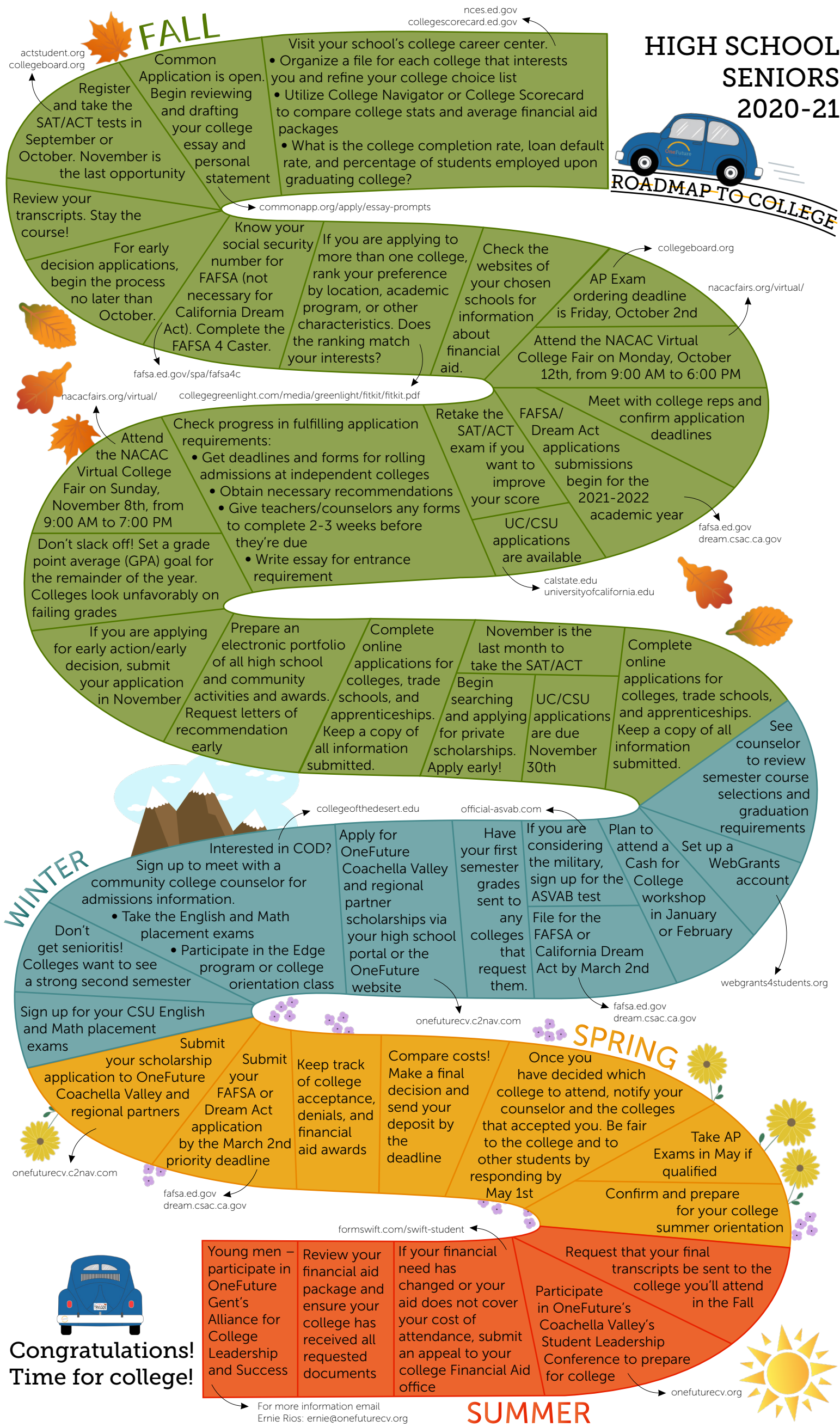
ruiz.house.gov

SUMMER

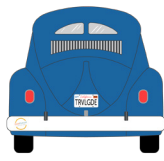
up next... SENIOR YEAR!



HIGH SCHOOL SENIORS 2020-21



**Congratulations!
Time for college!**



For more information email Ernie Rios: ernie@onefuturecv.org